# Structured phospholipids, as proposed vehicles of DHA and Neuroprotectin D1.

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### **Background & approach**

It has been assumed that unesterified fatty acids cross the blood brain barrier. They are then provided by circulating albumin, which also transports LysoPLs.

Fatty acids, in particular DHA, either in their unesterified form or esterified at the sn-2 position of LysoPC, were compared for their brain accretion or incorporation into red blood cell phospholipids as an index of brain accretion.

<sup>14</sup>C-labeled species were used when injected to the rat or <sup>13</sup>C-labeled ones when ingested by rats or humans.

### Uptake of FA by the brain



Thiès et al J. Neurochem. 1992



Thiès et al Am. J. Physiol. 1994

### **Conclusion** (1)

The uptake of DHA by the brain, like other unsaturated fatty acids, was more efficient when esterified in LysoPC (1-lyso,2-DHA-GPC) compared to unesterified DHA.

This preferential uptake was not valid with some other organs such as the heart and liver, with even a preference for unesterified DHA.

TG-DHA intake in the rat



Brossard et al. Am. J. Physiol. 1996

### Brain accretion following TG-DHA intake



Brossard et al. Am. J. Physiol. 1996

# **Conclusion (2)**

Intake of DHA (given in a triglyceride to the rat) allowed DHA to circulate under 2 forms bound to albumin, non-esterified DHA (peaking at 3 hours post-intake) and LysoPC-DHA (plateauing from 6 hours with a gradual decrease from 18 hours post-intake).

Incorporation of DHA into brain phospholipids gradually increased till 72h post-intake, which fits with LysoPC-DHA being a more efficient vehicle than non-esterified DHA.

#### **TG-DHA** intake in humans



Brossard et al. J. Lipid Res. 1997

#### **Blood** distribution of DHA following **TG-DHA** intake



Brossard et al. J. Lipid Res. 1997

### Blood distribution of DHA following PC-DHA intake



### DHA incorporation into erythrocyte PL following PC-DHA intake



# **Conclusion** (3)

In humans, intake of TG-DHA led to similar pattern as in rats for DHA and LysoPC-DHA bound to albumin.

DHA incorporation in red blood cells (as an index of brain accretion) constantly raised in PC after a lag phase of around 6 hours, again fitting with LysoPC-DHA as the main source of DHA.

The intake of PC-DHA in place of TG-DHA led to similar patterns except for a delayed peak of non-esterified DHA in plasma.

#### Conversion of 2-DHA-lysoPC into 1-DHA-lysoPC within 20 min.



Croset et al. Biochem. J. 2000

·	0 0	
les	1-Lyso,2-acyl-GPC	1-Acyl,2-lyso-GPC
105 (1)	55 <u>+</u> 13	45 <u>+</u> 12
an	41 <u>+</u> 12	56 <u>+</u> 11
	an	55 <u>+</u> 13 an 41 <u>+</u> 12

Croset et al. Biochem. J. 2000

### **Conclusion** (4)

Polyunsaturated LysoPC, including LysoPC-DHA, circulates bound to albumin.

Although 1-lyso,2-DHA-GPC rapidly isomerizes into 1-DHA,2-lyso-GPC, around 50% of each form were measured, which means that the main produced form of LysoPC is the former (1-lyso,2-DHA-GPC).



Patent N° 92/14078.

Patent N° 06/09929.

### **Neuroprotectin D1 (NPD1)**

Neuroprotectin D1, also called protectin D1, is a dihydroxy-docosatriene (docosanoid) issued from DHA, namely 10,17*s*-diOH-4*z*,7*z*,11*E*,13*E*,15*z*,19*z*-22:6.

It could derive from the oxygenation of DHA by 15-lipoxygenase, and act as a potent anti-inflammatory and neuroprotective agent.

Mukherjee et al PNAS 2004 ; Lukiw et al JCI 2005 ; Bazan TN 2006 ; Levy et al JI 2007



*S*,17*S*,-dihydroxy-docosa-4*Z*,7*Z*,11*E*, *Z*,15*E*,19*Z* hexaenoic acid



*R*,17*S*,-dihydroxy-docosa-4*Z*,7*Z*,11*E*, *E*,15*E*,19*Z* hexaenoic acid



*S*,17*R*,-dihydroxy-docosa-4*Z*,7*Z*,11*E*, *E*,15*Z*,19*Z*-hexaenoic acid

IV

13E,15Z,19Z-hexaenoic acid



*R*,17*S*,-dihydroxy-docosa-4*Z*,7*Z*,11*E*, *Z*,15*E*,19*Z*-hexaenoic acid



*S*,17*S*,-dihydroxy-docosa-4*Z*,7*Z*,11*E*, *E*,15*Z*,19*Z*-hexaenoic acid

#### Serhan et al. JI 2006



10R,17S-dihydroxy-docosa-4Z,7Z,11E,13E,15Z,19Z-hexaenoic acid



10S,17S-dihydroxy-docosa-4Z,7Z,11E,13E,15Z,19Z-hexaenoic acid









### **SUMMARY**

LysoPC-DHA might be an important vehicle of DHA to the brain.

The form which is assumed to be esterified in the brain, 1-lyso,2-DHA-GPC, represents around 50% of the two circulating forms, although the most stable one is its isomer 1-DHA,2-lyso-GPC.

We have prepared 1-acetyl,2-DHA-GPC (AceDoPC), to stabilize DHA at the sn-2 position, with AceDoPC closer to LysoPC-DHA than to DHA-containing PC.

Neuroprotectin D1 can be obtained by treatment of DHA with 15-lipoxygenase, which can be extended to AceDoPC as a substrate.

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